The Intersection of Faith and Everything Else

Young Adult Spiritual Nurture Series: Part II

December 1, 2018

8:30-9:30	Arrival & Breakfast
9:30-9:45	Worship
9:45-10:15	Welcome & Name Whip
10:15-12:15	The Intersection of Faith and Everything Else Break: ~11:15
12:15-1:15	Lunch
1:15-2:30	Spiritual Nurture Time w/ Anne and Lu
2:30-2:45	Break
2:45-3:00	Game
3:00-4:15	The Intersection of Faith and Everything Else
4:15-4:25	Review & Announcements
4:25-4:30	Closing Worship
4:30-5:45	Optional Spiritual Nurture Time, Social Time
6:00-?	Optional Dinner
Sunday, 11:00am	Meeting for Worship @ Fifteenth Street

UPCOMING EVENTS

Meeting for Discernment:
February 23,
Poughkeepsie

YASNS: Part III:
February 24,
Poughkeepsie

NYYM Spring Sessions:
April 5-7
Poughkeepsie Area

YASNS: Part IV:
May 3-5,
Powell House

Farmington Scipio Regional Meeting Spring Gathering
May 17-19
Watson Homestead

YASNS: Part V:
June 8
Farmington

YASNS: Part VI:
July 20-21
Powell House

NYYM Summer Sessions
July 21-27
Silver Bay

In the space below, reflect: *In your life and work in the world, what do you do? Think about your career, school, job, side projects, hobbies, etc. Be as specific as possible thinking about large things and small things. Writing emails, helping children, sitting in meetings, running meetings, commuting on the train, changing the world…Think about each day from when you wake up to when you go to sleep…*

DO NOT TURN THE PAGE OVER

In the space below, reflect: *What are your heart's deepest desires? What do you love most in the world? What is your calling? What are your gifts? Your dreams? What do you know to be True? At what moments do you feel most connected to God/the Divine/[insert your word here]*

FOUNDATIONS

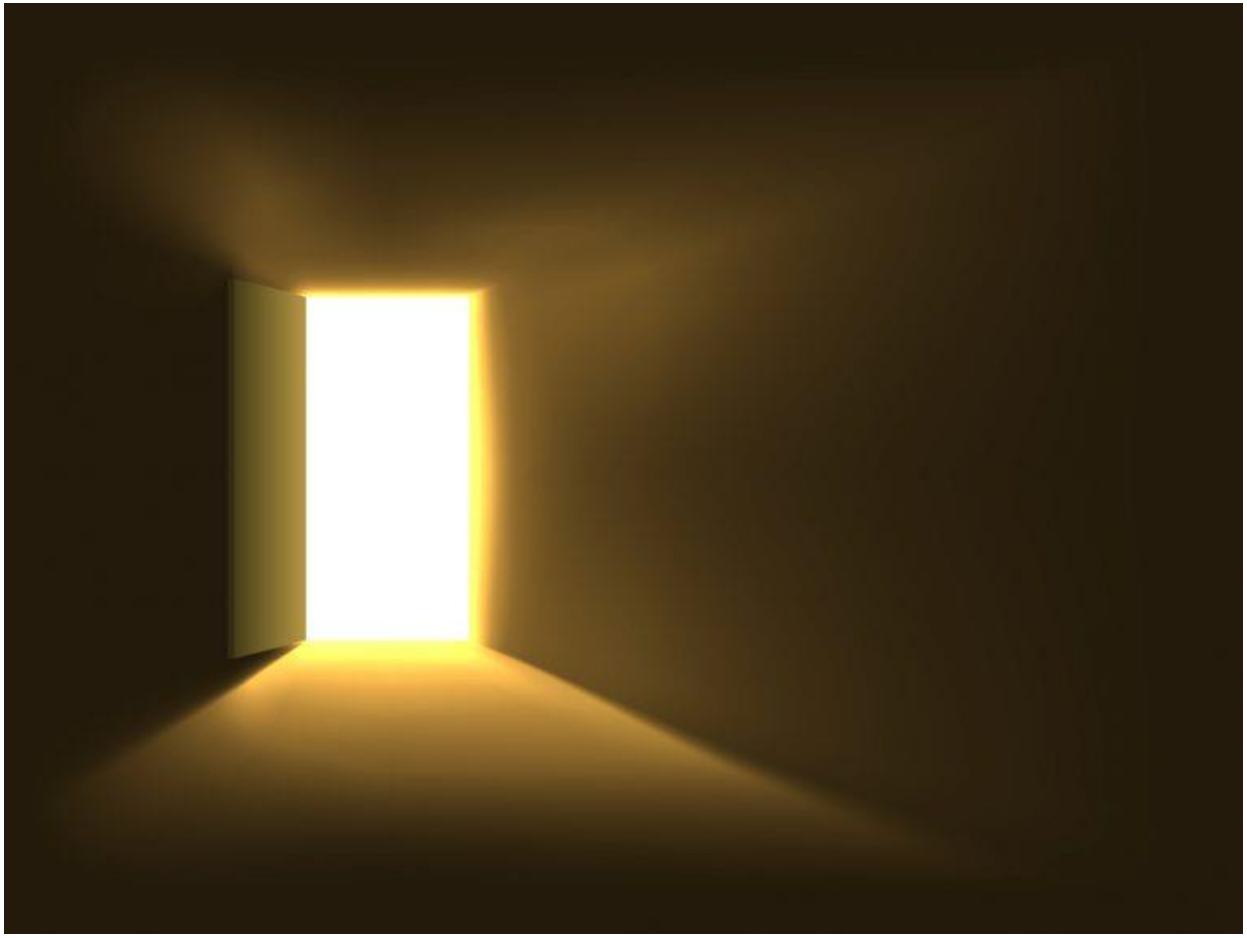
SPIRITUAL LEADERSHIP

MANIFESTATION

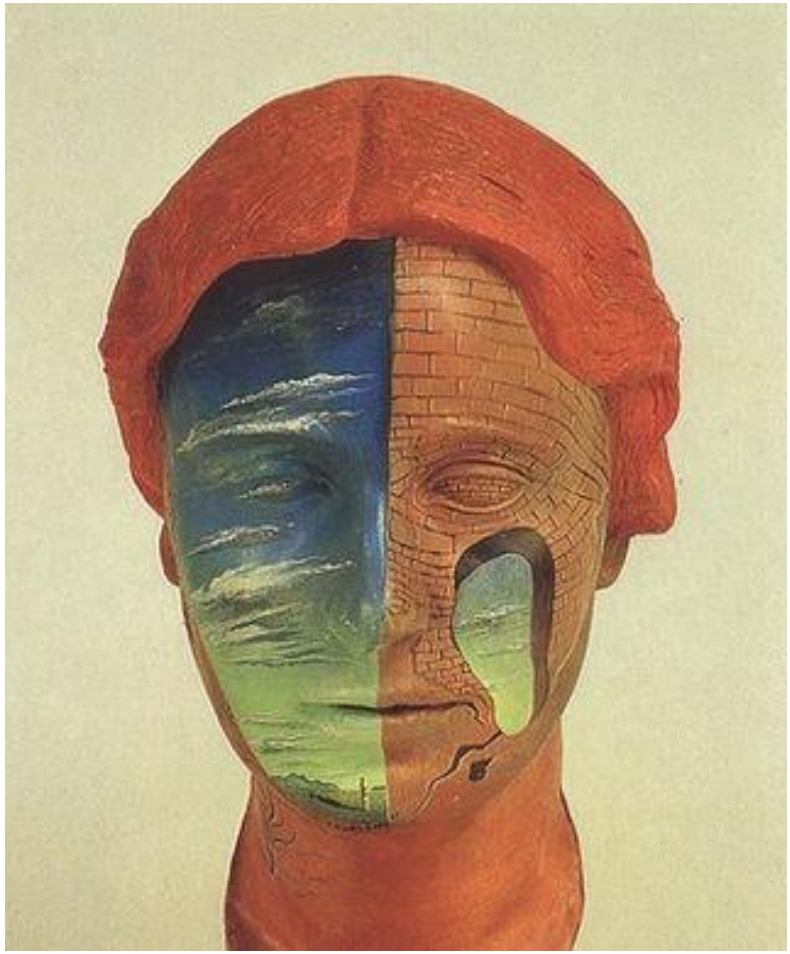
DREAMS

PRAYER

FEAR & COURAGE



TRUE SELF



FOUNDATIONS:

What are your strengths as a person, your natural abilities, and your spiritual gifts? Write these on the heart tokens and put them inside your box.

Think about how you know these are your strengths and gifts. If there are people or events that helped you find these gifts and strengths, add them to the box too!

SPIRITUAL LEADERSHIP:

Read through the principles of spiritual leadership and identify one or two that are important to you. Take what you need to remember in your work or life and add to your box.

MANIFESTATION:

Decorate the sides of your box to represent your "call beyond yourself" in terms of actions. What do you do that uses your gifts and strengths to serve others? Where is the meaning in the work you are doing now or that you seek to do? What are the intersections between your Faith and your everything else? Decorate in whatever way feels most authentic (words, pictures, or objects, etc.)

"Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good." 1 Corinthians 12: 4-7.

DREAMS:

Decorate the top of your box with your dreams and biggest ambitions in life? What do you want to do/accomplish? Who do you want to be? Nothing is too big or too small

PRAYER:

Use one of the prayer cards to write a prayer for yourself in relation to where you are and realizing your dreams/goals. After you are done, pray your prayer.

Then…draw one to three cards at random from the "prayer pot" and consider/reflect on what you drew. How is it relevant or needed for you to realize your dreams and create desired connections between your life and your faith?

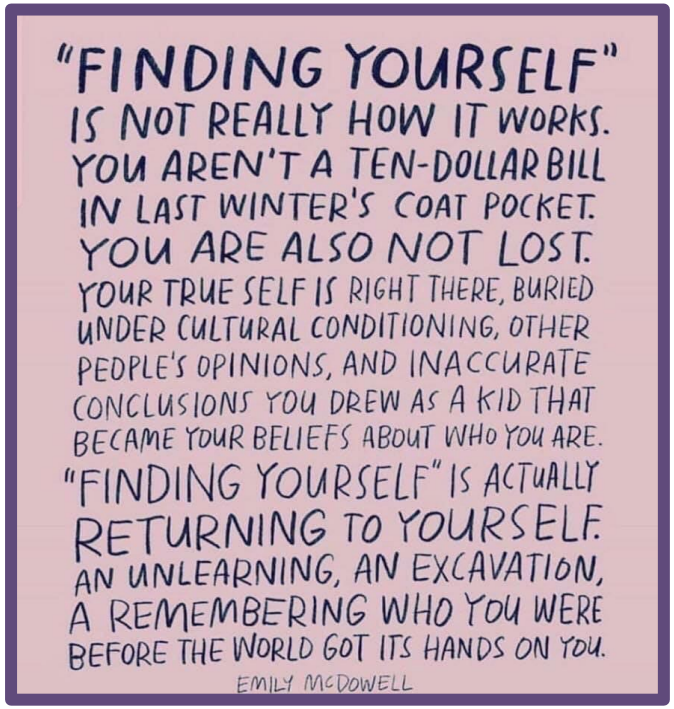
FEAR & COURAGE:

“Fear closes the door on that which tells us not to be afraid” –Kristina Keefe-Perry (NEYM)

On the inside of the lid of your box, write or draw about how you can conquer the fears and obstacles that may get in the way of you finding or fully living into your vocation and/or spiritual life

TRUE SELF:

Read the quotations and use the worksheet to respond in the way that feels most useful and authentic. What are the inaccurate conclusions you or others have drawn about yourself? What do you need to unlearn or excavate? What is the true self you seek to embody?



"Once we understand 'not doing,' we see that the real struggle is to relax into greater awareness so that we can see the manifestations of our personality. By neither acting on our automatic impulses nor suppressing them, we begin to understand what is causing them to arise"
–The Wisdom of the Enneagram

"Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else." — Galatians 6:4

Prayer to Myself

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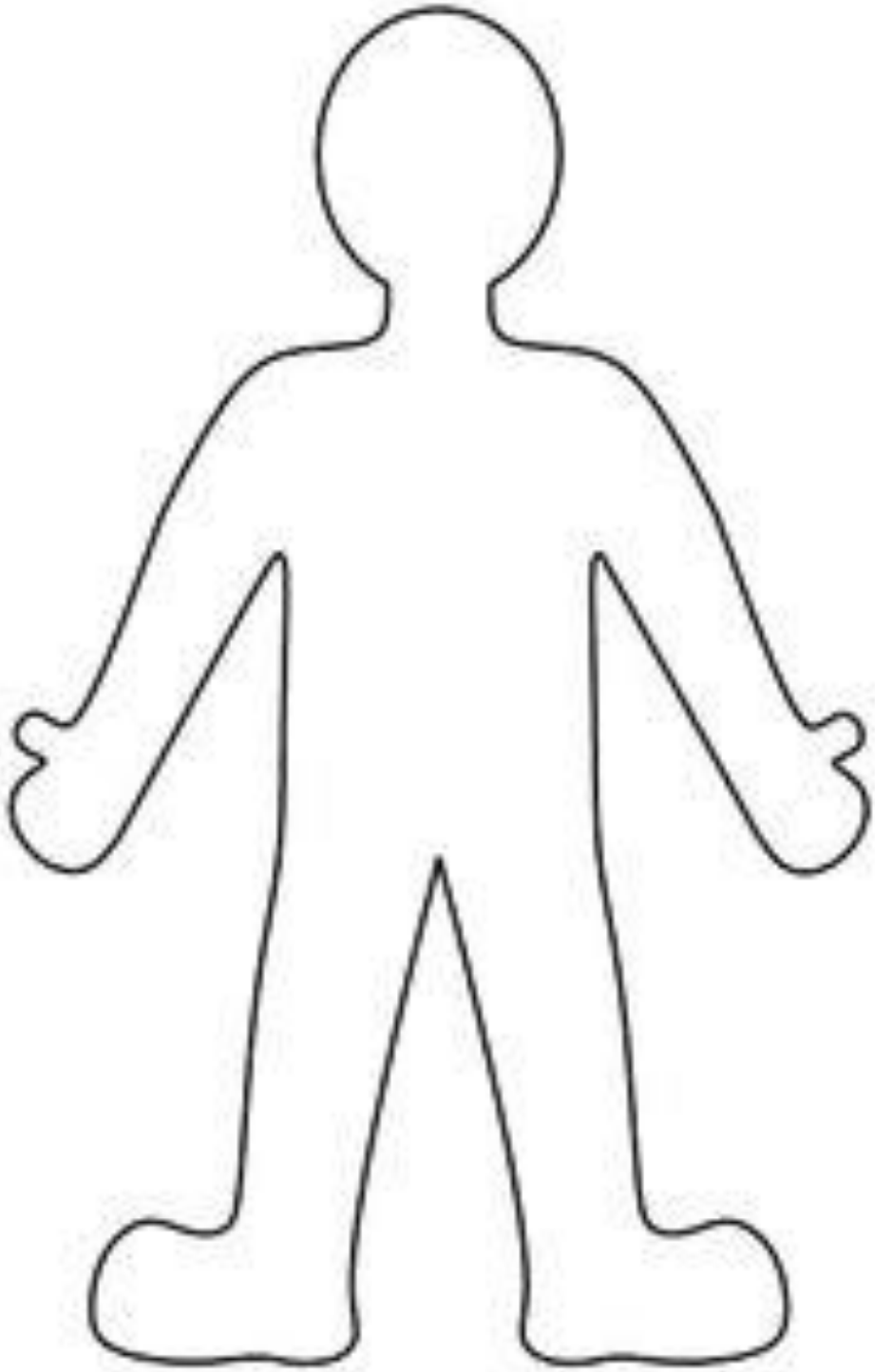
MY TRUE SELF